

# 6TH WADO MASTERS COURSE

## REVIEW

Sakagami and May sensei came over to Holland for another Wado Masters Course. This 6th edition was another three days of being lucky and blessed to train under these terrific instructors. Over the weekend we practised several Kata and Applications. Amongst them were obviously the five Pinan, Kushanku and Seishan as Sensei usually only focuses on the nine Kata solely. The picture below is obviously from sensei demonstrating Kushanku and can you guess from what Kata is the application?



Apart from basics and Kata, we did a fair share of Tanto Dori, amongst them Kote nage dori (pictured left) and Ude garami dori (pictured right).



Peter May sensei instructed several fighting applications based on Nagashizuki as well as showing a variety of ways to stop the opponent.



Using the change of centre line as a topic, several Kumite gata were instructed by Sakagami and May sensei. It is especially brilliant to see their movement and hear what they had to say to students as they were practising. Ishikawa sensei used to say, "Little things make a lot of difference". Obviously these small things, as Sakagami and May sensei call it "subtle movements", do make a lot of difference.



**The 7th edition of the Wado Masters Course is scheduled 29/30/31 May 2015.**

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